



Peer Coaching Group Session Management Form

Name: _____ Date/Time of Session: _____

In preparation for the upcoming peer coaching group meeting, please answer the questions on this side of the Form.

1. What actions did I take from my last group meeting and which of those did I do? What new learning (new knowledge, insights, perceptions, abilities, etc.) did I gain from the actions that I did?
2. What is my coaching goal, or priority, that I want to be coached on, in this upcoming meeting? Consider any current challenges in life or work, any exciting career or work goals, any new information that I want to apply, any competencies or behaviors that my organization wants for me, etc.
3. Do I want to be coached in any certain way in this upcoming meeting, for example, to get primarily thoughtful questions, to do brainstorming, to get focused advice, etc.?
4. Are there any materials that I want to share with my group members, for example, to help one or more members with a priority that they had worked on, in previous meetings?

